

	Lunes	Martes	Miércoles	Jueves	Viernes	Sabado	Domingo	
08:30	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	TBC Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	08:30
	VINYASA YOGA Sala 2	BODY BALANCE Sala 2	PILATES Sala 2	PILATES Sala 2	VINYASA YOGA Sala 2			
08:45	HIT Gimnasio Exterior				HIT Gimnasio Exterior			08:45
09:00			Hipopresivos Prana Holistic					09:00
09:30	TBC Sala 1	POWER PILATES Sala 1	BOOTCAMP Sala 1	CORE Sala 1	GAP Sala 1	VIRTUAL CYCLI... Sala 1	STEP Sala 2	09:30
	PILATES Sala 2	BODY PUMP Sala 2	CARDIOPILATES Sala 2	BODY PUMP Sala 2	PILATES Sala 2	ABD Gimnasio Exterior	HIT Gimnasio Exterior	
	VINYASA YOGA Prana Holistic		VINYASA YOGA Prana Holistic					
10:30	VIRTUAL CYCLI... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL CYCLI... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL CYCLI... Sala 1	10:30
	POSTURAL Sala 2	HIT Gimnasio Exterior	POSTURAL Sala 2	HATHA YOGA Sala 2	POSTURAL Sala 2	BODY PUMP Sala 2	BODY PUMP Sala 2	
		VINYASA YOGA Sala 2		HIT Gimnasio Exterior				
11:30	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL CYCLI... Sala 1	VIRTUAL CYCLI... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	11:30
	YOGA INTEGRAL Sala 2		YOGA MINDFUL... Sala 2			PILATES Sala 1	PILATES Sala 2	
12:30	VIRTUAL BODY ... Sala 1	VIRTUAL CYCLI... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL CYCLI... Sala 1	VIRTUAL CYCLI... Sala 1	12:30
	WOD Gimnasio Exterior		WOD Gimnasio Exterior		WOD Gimnasio Exterior			
13:30	VIRTUAL CYCLI... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL CYCLI... Sala 1	VIRTUAL CYCLI... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	13:30
14:30	VIRTUAL BODY ... Sala 1	VIRTUAL CYCLI... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL CYCLI... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	14:30
15:30	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL CYCLI... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL CYCLI... Sala 1	VIRTUAL CYCLI... Sala 1	15:30
16:30	VIRTUAL CYCLI... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL CYCLI... Sala 1	VIRTUAL CYCLI... Sala 1	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	16:30
	BODY PUMP Sala 2	PILATES Sala 2	PILATES Sala 2	BODY PUMP Sala 2	BODY PUMP Sala 2			
17:30	HATHA YOGA Sala 2	MUSICAL FITNE... Sala 1	CYCLING Sala 1	STEP Sala 1	PILATES Sala 2	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	17:30
	CARDIOBOX Sala 1	PILATES Prana Holistic	VINYASA YOGA Sala 2	BODY PUMP Sala 2	CARDIOBOX Sala 1			
		BODY PUMP Sala 2		PILATES Prana Holistic				
18:30	ZUMBA Sala 1	GAP ZONA EXTERIOR	CROSS GIMENO Gimnasio Exterior	TBC ZONA EXTERIOR	ZUMBA Sala 2	VIRTUAL BODY ... Sala 1	VIRTUAL BODY ... Sala 1	18:30
	PILATES Sala 2	CYCLING Sala 1	BODY PUMP Sala 1	CYCLING Sala 1	BOXEO FIT Sala 1			
	CROSS GIMENO ZONA EXTERIOR	VINYASA YOGA Prana Holistic	POSTURAL Sala 2	PILATES Prana Holistic				
		BODY BALANCE Sala 2		BODY BALANCE Sala 2				
19:30	CYCLING Sala 1	STEP Sala 2	CYCLING Sala 1	BODY PUMP Sala 1	CYCLING Sala 1			19:30
	BODY PUMP Sala 2	CYCLING Sala 1	CARDIOPILATES Sala 2	YOGA POWER Sala 2	MUSICAL FITNE... Sala 2			
		YOGA POWER Prana Holistic						
20:30	HATHA YOGA Sala 2	BOXEO FIT Sala 1	HATHA YOGA Sala 2	CARDIOBOX Sala 1				20:30